

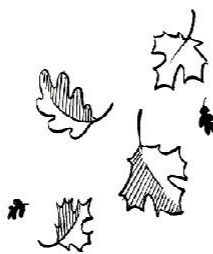


Free & Reduce Priced Meals
2019-2020 forms are online!
 Apply online at
www.wrsd.net/foodservices
 New forms must be
 completed every year.

WRSD-Grades K-5 & K-8
 Sterling, Paxton, Thomas
 Prince, Naquag, Mayo, Davis,
 Dawson, Glenwood

November 2019

NEW Lunch Prices!
 Elementary & Middle - \$3.25
 High School - \$3.50
 Reduced Price -.40
 Milk (without a meal) - .60

All meals include choice of sides
 (vegetable, fruit/juice, milk)
 Students **MUST** take at least one fruit
 or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change. Please let us know if you have any allergies to food.		Have you checked your lunch balance? We allow 2 IOUs! Pay online at myschoolbucks.com or at the register. <u>All IOUs must be paid in full!</u>		Sal's Cheese Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Chicken Caesar Salad Shaker Bagel-Yogurt Meal
⁴ Chicken Nuggets Seasoned Rice Corn Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza	⁵ Cinnamon French Toast Breakfast Sausage Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty on Roll Cereal & yogurt lunch	⁶ Pasta w/Marinara sauce Steamed Broccoli Cheese Breadstick Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch Pizza	⁷ BBQ Riblet on Roll Oven Baked Fries Cole Slaw Baked Beans Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Bagel-Yogurt Meal	⁸ NO SCHOOL
¹¹ VETERANS' DAY 	¹² Egg, Ham & Cheese Croissant Smile Fries Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Chicken Patty on Roll	¹³ Macaroni & Cheese Green Beans Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White Grilled Ham & Cheese Pizza	¹⁴ SUPER NACHOS Black Bean Salad Corn Chilled or Fresh Fruit Milk-Chocolate/White BBQ Riblet on Roll Buffalo Chicken Sub	¹⁵ Stuffed Crust Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Chicken Caesar Salad Shaker Bagel-Yogurt Meal
¹⁸ Popcorn Chicken Sweet Potato Fries Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza	¹⁹ Pancakes w/syrup Breakfast Sausage Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty on Roll Cereal & yogurt lunch	²⁰ Chicken Parmesan & Pasta w/ Marinara Garden Salad Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Pizza	²¹ Roast Turkey w/Gravy Mashed Potatoes Peas & Carrots Dinner Roll Apple Crisp Chilled or Fresh Fruit Milk-Chocolate/White Hot Dog on Roll	²² Big Daddy Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Chicken Caesar Salad Shaker Bagel-Yogurt Meal
²⁵ Grilled Cheese Sandwich Oven Baked Fries Tomato Soup Goldfish Crackers Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal	²⁶ Sal's Cheese Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Grilled Chicken on Roll Cereal & yogurt lunch	²⁷ HOLIDAY	²⁸ Happy Thanksgiving! 	²⁹ HOLIDAY