

WRSD-Grades K-5 & K-8

**Sterling, Paxton, Thomas Prince,
Naquag, Mayo, Davis, Dawson,
Glenwood**

March 2019

Free & Reduced Lunch

Apply online at
www.wrsd.net/foodservices
Applications may be submitted
at any time during the year.

Lunch Prices

Elementary & Middle - \$3.00
High School - \$3.25
Reduced price - \$.40
Milk - \$.60
All meals include choice of sides
(vegetable, fruit/juice, milk)
Students MUST take at least one fruit or
vegetable with each meal.



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Have you checked your lunch balance? <u>We allow TWO IOUs.</u> Pay online at www.myschoolbucks.com or at the register. All IOUs must be paid in full.</p>		<p>Menu is subject to change. Please let us know if you have any allergies to food.</p>		<p>Sal's Cheese Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Caesar Chicken Wrap Cheese or hamburger on roll</p>
<p>⁴ Popcorn Chicken Vegetable Rice Pilaf Green Peas Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>⁵ Pancakes Breakfast Sausage Links Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Turkey, Bacon & Cheese Sub Hot Dog on Roll</p>	<p>⁶ Ravioli w/Marinara Wheat Dinner Roll Steamed Carrots Chilled or Fresh Fruit Milk-Chocolate/White Fish & Chips Hamburger on roll Pizza</p>	<p>⁷ <u>EARLY RELEASE DAY</u> Chicken Patty on Roll or Hot Dog on Roll Oven Baked Fries Carrot & Celery Sticks w/ ranch dressing Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>⁸ Stuffed Crust Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Fish & Chips</p>
<p>¹¹ Chicken Nuggets Sweet Potato Fries Green Beans Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>¹² Cinnamon French Toast Breakfast Sausage Links Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty on roll Hot Dog on Roll</p>	<p>¹³ Pasta w/Marinara sauce Fresh Garden Salad Cheese Breadstick Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger on roll Pizza</p>	<p>¹⁴ Hot Dog on Roll Baked Beans Smile Fries Chilled or Fresh Fruit Milk-Chocolate/White BBQ Riblet on Roll Bagel-Yogurt Meal</p>	<p>¹⁵ Sal's Cheese Pizza Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Grilled Cheese Sandwich Fish & Chips</p>
<p>¹⁸ Popcorn Chicken Sweet Potato Fries Corn Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>¹⁹ Egg, Ham & Cheese Croissant Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Turkey, Bacon & Cheese Sub Hot Dog on Roll</p>	<p>²⁰ Spaghetti & Meatballs Wheat Dinner Roll Green Beans Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger on roll Pizza</p>	<p>²¹ Chicken Parmesan on roll Oven Baked Fries Hummus w/ celery & carrots Chilled or Fresh Fruit Milk-Chocolate/White BBQ Riblet on Roll Bagel Yogurt Meal</p>	<p>²² Stuffed Crust Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Grilled Cheese Sandwich Fish & Chips</p>
<p>²⁵ Mini Maple Waffles Chicken Nuggets Sweet Potato Fries Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>²⁶ Cinnamon French Toast Breakfast Sausage Links Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty on roll Hot Dog on Roll</p>	<p>²⁷ Macaroni & Cheese Fresh Garden Salad Wheat Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger on roll Pizza</p>	<p>²⁸ SUPER NACHOS Marinated Black Bean Salad Corn Chilled or Fresh Fruit Milk-Chocolate/White BBQ Riblet on Roll Bagel Yogurt Meal</p>	<p>²⁹ Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Grilled Cheese Sandwich Fish & Chips</p>